The MiSCC





Scan the code to sign up



West Burlington campus 9 - 11AM Little Theater/hallway

Keokuk campus 1 - 3PM Student Lounge/hallway

Important Dates

April 30: Spring Fever Reliever Keokuk Campus 11:00 AM - 1:00 PM

May 2: Spring Fever Reliever West Burlington Campus 11:00 AM - 1:00 PM

May 6: One Good Thing event West Burlington 9:00 - 11:00 Little Theatre/Hallway Keokuk Campus 1:00 - 3:00 PM Student Lounge/Hallway

May 8, 9, 12: Finals

May 11: Online classes end (16, 12, and 2nd 8-Week)

May 12: Semester Ends

May 13: AEL Graduation

May 13-14: Faculty inservice - No Classes

May 14: Keokuk Campus Graduation

May 15: West Burlington Campus Graduation

May 26: Memorial Day - No Classes, Offices Closed

May 27: 1st 8-Week online classes begin

Hard times don't create heroes. It is during the hard times when the 'hero' within us is revealed.

-Bob Riley



Now Available For Sale in the Blackhawk Bookstore

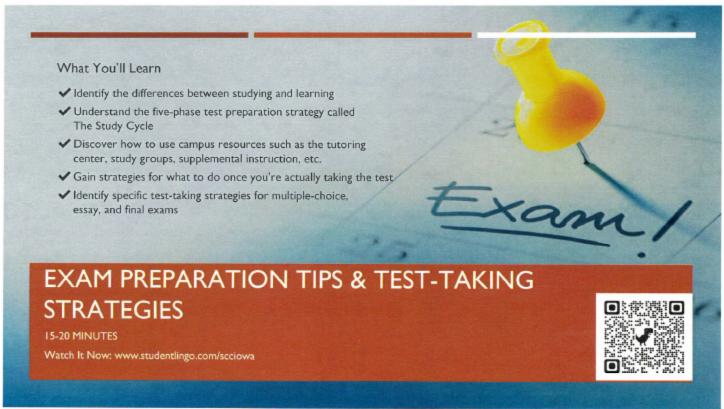
Dell Latitude 3550

* Windows 11 Pro *15.6" LED Display * Intel i5-1335U Processor * 16 GB RAM * 256 GB SSD Storage



\$925.00

Students can use Financial Aid for purchase. Please inquire at the bookstores in both Keokuk and West Burlington.



BLACKHAWKS BE SAFE PRESENTS

SCC CAMPUS CULTURE SURVEY

APRIL 16- MAY 7, 2025

WE WANT TO HEAR FROM YOU

Your voice matters! Help shape the SCC experience by sharing your thoughts in the campus culture survey. Your feedback drives real change—enhancing safety, inclusivity, and support for all students. Tell us what's working, what needs improvement, and how we can make SCC even better. Plus, you'll have a chance to win a gift card! Speak up, be heard, and make a difference today!



QUESTIONS? CONTACT KELLI LARSON AT KLARSON@SCCIOWA.EDU



This project was supported by Grant No. 15]OVW-23-GG-04458-CAMP averded by the Office on Vashner Against Women, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publications/program/exhibitions are those of the authority and do not accomple of the the rivers of the Denatures of Lavine. Office on Violence Against Women.



HOW TO REDUCE TEST ANXIETY

What You'll Learn

- ✓ Discover the nature of test anxiety
- Learn how anxiety affects the body and cognition
- Understand how to use simple strategies to calm the body and keep the brain focused

15-20 MINUTES

Watch It Now: www.studentlingo.com/scciowa



LOOKING FOR A SUMMER JOB?

TRIO UPward Bound is looking to hire Resident Assistants/Mentors for the 2025 Summer Program!

Great Pay + Room and Board Benefits

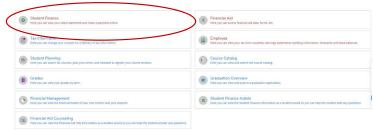
You may be a great fit if you are -

- · A current SCC student or recent college graduate
- Patient, responsible, and enjoy working with teens dust have -
- · High School Diploma & at least one year of college
- Experience working with youth / teens

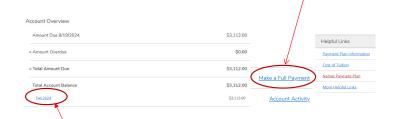
VIEW JOB DESCRIPTION & APPLY ONLINE AT: https://scciowa.peopleadmin.com/postings/search

Paying Your Bill Online

- Go to the SCC website: <u>scciowa.edu</u>.
- Go to Quick Links and then Hawknet/Email.
- Click into Self Service →
- Self Service
- At the Next screen, select Student Finance

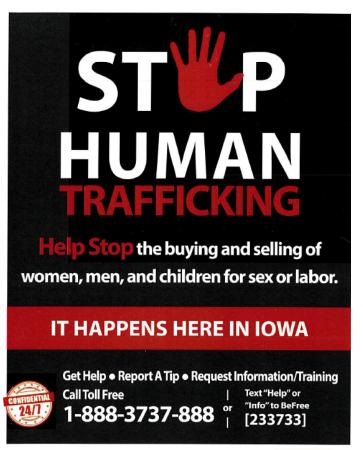


- Your Account Overview will appear showing the amount due. Click on Make, a Full Payment.
 - Note: for partial payments you will need to call the Business Office at 319-208-5041 or stop by the Business Office Window.

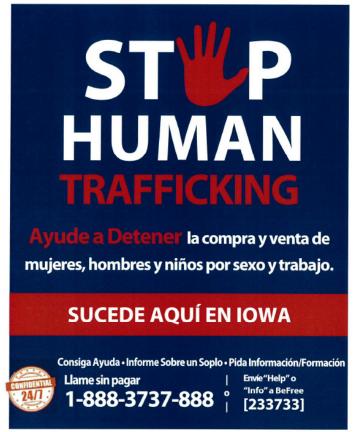


- Follow the steps to pay online as directed with a Credit Card or ECheck.
- To review or print your billing statement, click on the current semester under Total Account Balance





For Information visit www.lowaNAHT.org



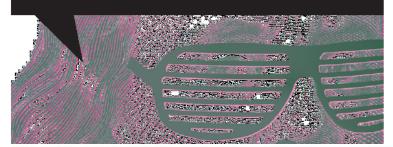
Para Obtener Información, visite a www.lowaNAHT.org



GET CA\$H FOR YOUR BOOKS.

SELL BACK YOUR BOOKS AND RETURN YOUR RENTALS.

SCC BOOKSTORE
BUYBACK DATES
MAY 9 & 12



Payment Methods

- · Automatic bank payment (ACH)
- · Credit card/debit card

Payments are processed on the **5th** of each month and will continue until the balance is paid in full.

Cost to Participat

- \$30 enrollment fee per term
- \$30 returned payment fee if a payment is returned if the enrollment fee returns for any reason, the agreement will be terminated.

Simple Steps to Enroll

- . Sign on to Hawknet
- . Click on the Nelnet Payment Plan icon

Target Dates To Enroll By:

Summer 2025

Payment plans available on April 11, 2025.

Last Day to Enroll Online	Required Down Payment	Number of Payments	Months of Payments
May 1	none	3	May 5 June 5 July 5
June 20	40%	1	July 5





Note: All down payments and enrollments fees are processed immediately!

Balance Adjustments: Piease do not assume your balance will automatically adjust if inancial aid is received or a class is diopped or added. Please review your agreement balance online. Students: If someone is paying on your bahalf, you MUST first set them up as an Authorized Payer.

Authorized Payers: If you are paying on behalf of the student, the student must access or set up their account first and then add you as an Authorized Payer.

www.MyCollegePaymentPlan.com/scclowa

For additional assistance, please call us at 800.609.8056

Customer service representatives are available Monday-Friday 7:00 AM to 9:00 PM CST and Saturday 8:00 AM to 2:00 PM CST. Additional information also available online.





EFFECTIVELY COMMUNICATING ONLINE

What You'll Learn

- Understand the differences between an online and face-to-face classroom in terms of reading and writing
- √ Learn strategies for writing an effective discussion post
- √ Learn techniques for responding to students and faculty members
- √ Provide citation tools for online learning
- Understand reading strategies for the online environment

15-20 MINUTES





IMPROVING STUDENT-FACULTY RELATIONSHIPS

What You'll Learn

- Understand differences between a high school teacher and college faculty
- ✓ Identify characteristics of a great student and a great teacher
- Learn ways to demonstrate your enthusiasm and interest in the course
- Understand how to respectfully communicate with your instructor via email, phone, and in person
- ✓ Identify behaviors to avoid when working with faculty

20-25 MINUTES







FINANCIAL LITERACY: SMART MONEY SKILLS FOR COLLEGE & BEYOND

What You'll Learn

- Explore the ten essential money management skills every student should possess
- Lean how to build a budget
- Be able to track spending
- Discover how to use credit wisely
- ✓ Understand how to avoid and eliminate debt
- ✓ Use SMART goals to create a plan for the future

20-25 MINUTES

Watch It Now: www.studentlingo.com/scciowa





What You'll Learn

- Examine emotional intelligence and discover your strengths and weaknesses with respect to emotional intelligence
- ✓ Understand the dimensions of self-awareness vs. self-management and social awareness vs. social (relationship) management
- Gain insight into personal competence and its components of self-awareness, self-regulation, and motivation
- Gain insight into social competence and its components of empathy and social skills
- ✓ Identify strategies to enhance emotional intelligence
- Learn and practice three stress management exercises

EMOTIONAL INTELLIGENCE: THE OTHER KEY TO ACADEMIC SUCCESS

10-15 MINUTES





SCC JOIN HOSA!



BUILDING FUTURE HEALTHCARE LEADERS

What is HOSA?

HOSA is a global student-led organization providing unique classroom experiences and opportunities in the health professions with enhanced leadership development.

Benefits to joining!

- Membership is FREE!!!!
- · Build leadership and teamwork skills
- · Gain self-confidence and motivation
- · Strengthen academic and technical skills
- Professional network
- · Explore healthcare careers
- · Participate in hands-on competitions and community service activities
- Scholarships

WHO CAN JOIN

- ANY COLLEGE STUDENT INTERESTED IN A CAREER
- ANY COLLEGE STUDENT ENROLLED IN A HEALTH PROGRAM
- ENJOY HAVING FUN AND EXPLORING HEALTHCARE OPPORTUNITIES
- READY TO MAKE A DIFFERENCE IN YOUR LIFE AND



TO JOIN:

CONTACT: KARA SCHREINER HOSA ADVISOR

EMAIL: KSCHREINER@SCCIOWA.EDU





HEAI THCARE

ASSISTANT

Certificate Program



DETAILS

- Must be at least 16 years (
 - No pre-requisites (
 - One semester (
- Jumpstart your career (3)
- Courses begin January (5)

MORE INFORMATION

Contact: Kara Schreiner

E: kschreiner@scciowa.edu

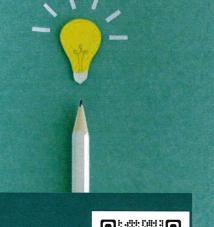
P:319-208-5213

SOUTHEASTERN COMMUNITY COLLEGE

What You'll Learn

- ✓ Consider the ways in which your learning preferences influence how you study
- ✓ Learn how to take effective notes in college
- ✓ Understand how to reconcile class notes with out-of-class notes
- ✓ Be able to self-evaluate level of preparedness for exams
- ✓ Understand how to apply higher-order thinking strategies to study methods
- ✓ Improve performance on multiple-choice exams

STUDY TIPS & NOTE-TAKING **STRATEGIES**





Between the Stacks

"When in doubt, go to the library." -- J.K. Rowling, Harry Potter and the Chamber of Secrets

The library is more than just a place for books—it's your resource hub for research, studying, collaboration, and personal growth. Do you prefer a quiet corner or a group study room? We offer a variety of spaces to help you focus and get your work done. Need journal articles, books, or digital resources? We've got you covered! Come to the library and learn how to access our academic databases, eBooks, streaming videos, and more to help you tackle your assignments. Having trouble finding the information you need? Our librarians are here to help you with research, citations, and finding credible sources. Don't hesitate to ask for guidance—getting started can be the hardest part, but we're here to make it easier! Make the library your go-to space for your academic success. We're excited to be part of your college experience and can't wait to help you achieve your goals. Let's make this semester your best one yet!

Plagiarism—using someone else's work or ideas without giving credit—is a serious academic offense that can result in penalties ranging from a failing grade to expulsion. Citing your sources not only ensures academic integrity but also strengthens your work by showing you've engaged with credible research. Proper citations allow your readers to trace your sources and verify information, making your arguments more trustworthy and well-supported.

To avoid plagiarism, always keep track of the sources you use, paraphrase ideas in your own words, and use quotation marks for direct quotes. A great tool for generating citations is Purdue OWL (https://owl.purdue.edu), which provides guidance on MLA, APA, and other citation styles. If you're unsure how to cite something, your college librarian can also help—just ask!

With the rise of AI tools for writing and research, it's important to use them responsibly. While AI can help generate ideas, summarize sources, or assist with writing, it should not replace critical thinking and original analysis. If you use AI-generated content in your work, you must cite it appropriately. Citation styles such as APA and MLA have guidelines for referencing AI tools like ChatGPT. For example, in MLA format, a citation might look like this: OpenAI. "ChatGPT." ChatGPT, 11 Mar. 2023, https://openai.com. Always check with your instructor for guidance on AI usage and citation best practices.

Check out these new library books. (They are at the Keokuk library, but can be transferred to the West Burlington campus for use.)

1. Invisible Friends: How Microbes Shape Our Lives and the World Around Us	.by Jake M. Robinson
2. King: A Life	by Jonathan Eig
3. The Light of Battle: Eisenhower, D-Day, and the Birth of the American Superpower	by Michel Paradis
4. A Little History of Music	
5. Modern Conspiracies in America: Separating Fact from Fiction	
6. A Most Tolerant Little Town: The Explosive Beginning of School Desegregation	
7. Native Nations: A Millennium in North America	
8. Nonviolence: An Idea Whose Time Has Come	
9. Oceans Rise, Empires Fall: Why Geopolitics Hastens Climate Catastrophe	, ,
10. On the Move: The Overheating Earth and the Uprooting of America	
	-

We're here for U when you need someone to talk to





Students receive

FREE IMMEDIATE **ACCESS TO TELETHERAPY**

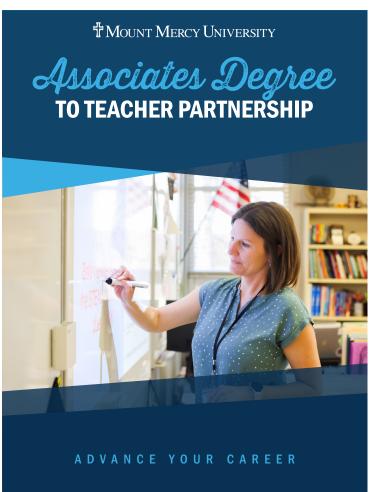
Choose a therapist based on your preferences gender, language, ethnicity, focus area

at a time that fits your schedule day, night, weekend availability by video, phone, chat, or message



Private. Secure. Confidential.







Please like our Facebook page. We combined CAD with Machine Shop for this page. Use your phone camera on the QR code!

Community Resources

DES MOINES COUNTY PUBLIC HEALTH

Home Health Care
Immunization
Health & Safety Education
Environmental Health
Lead Poisoning Prevention
Well & Water Safety
Communicable Disease
Investigation



WE CARE FOR YOU

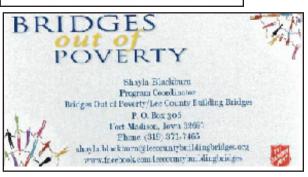
522 North Third St. Burlington, IA 52601

> Nursing 319-753-8290

Environmental 319-753-8217 Are YOU in need of some outside assistance? Do you know someone who might need some outside assistance? If this is you, or you know someone who might need some outside assistance, the Student Affairs Office on the West Burlington Campus (suite 109) keeps a collection of community resources available! If you are on the Keokuk campus, those are located in the Keokuk Admissions Office! Feel free to stop in and see what's available!

These resources include:

- Housing Resources
- Health and Medical Resources
- Food Pantries and Food Assistance Resources
- Childcare Resources
- Domestic and Sexual Assault Survivor Resources
- Billing Assistance
-AND MORE!



Zion Food Pantry Hours 412 North 5th Street, Burlington, IA Mondays: 9:00 A.M. – 12:00 P.M. Wednesdays: 1:00 P.M. – 4:00 P.M. Fridays: 9:00 A.M. – 12:00 P.M.

Restrictions: One Visit Per Week









PACE Pathways for Academic Career & Employment

Every person deserves a pathway to success.



WHAT IS PACE?

Every person deserves a pathway to success. Pathways for Academic Career and Employment (PACE) is here to help you map out your career goals and most importantly, create a plan to reach them through a variety of resources and programs available to qualified participants.

REQUEST MORE INFORMATION TODAY



SCAN ME

ARE THE PACE PROGRAMS FOR ME?

If you answer YES to one of the following, you might be eligible for PACE services:

Are you currently unemployed?

Were you recently laid off from a job due to a plant closure or position elimination?

To you need to go back to school to earn your high school diploma or HSED?

Are you considered low-income by federal government standards?



GAP TUITION ASSISTANCE

A program that provides funding to eligible applicants enrolling in a short term certificate to gain the necessary skills to obtain a job in an in-demand field.



SNAP EMPLOYMENT & TRAINING

A program that assists SNAP participants to gain skills and find work that moves them forward to self-sufficiency. Through SNAP E&T, participants have access to training and support services to help them enter or move up in the workforce.



TICKET TO WORK

A program that connects individuals receiving Social Security disability benefits with free employment services to help you prepare for work, find a job, maintain success while you are working or determine if working is right for you.



SECOND CHANCE PELL

A program that provides need-based Pell Grants to incarcerated individuals. SCC offers an Associate of Arts and Associate of Science at lowa State Penitentiary and Mount Pleasant Correctional Facility for incarcerated individuals

WWW.SCCIOWA.EDU → CONTINUING EDUCATION → PACE THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.



MAKE THE CALL, SAVE LIVES.

1-888-3737-888 (US) 233733 (TEXT-US) 1-833-900-1010 (CAN)



DO YOU KNOW THE SIGNS?

You might be looking at human trafficking if you see:

Signs that prostitution is taking place
Women or children looking fearful,
disheveled or crying

Multiple cars and different men continually going in and out of a residence

Someone being controlling, threatening or even violent with an individual

Extraordinary security measures for a business or home

If you see a minor selling sex



The trucking industry is one of the fastest growing and largest employment sectors in today's economy. The Center for Business at Southeastern Community College offers convenient, stream-lined, CDL training programs designed to get you on the road quickly.

- •Classroom and hands-on instruction
- •Tailored training programs (full & refresher)
- •Solid reputation-we have trained drivers from across the United States
- •Full tuition assistance may be available for those who qualify

Training meets all Federal regulations effective 2.7.22 SCC offers both classroom theory (ELDT) and range/over the road training also known as Behind the Wheel training (BTW).

NOTE: Class dates subject to enrollment classes are subject to change due to weather, class size or end of class testing at DOT.



Get familiar with your SNAP E&T resources!

Every lowan deserves a pathway to success.

What is SNAP E&T?

SNAP E&T is a dynamic program for SNAP participants to enhance skills and secure jobs, promoting Independence, SNAP E&T provides training and support for workforce entry or career advancement. like books, uniforms, and transportation.

What can SNAP E&T do for me?

Enhance Your Skills: Participate in dynamic programs designed to boost your abilities and prepare you for the workforce.

Secure Your Future: From entry-level positions to career advancements, we provide the training you need to succeed.

Achieve Independence: Gain the tooks and support. necessary to achieve financial independence through stable employment.

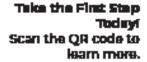
Why Choose SNAP E&T?

Tailored Career Planning: Work one-on-one to map out. your career goals and create a personalized success plan.

Diverse Resources: Access a wide range of resources designed to meet your specific needs and circumstances.







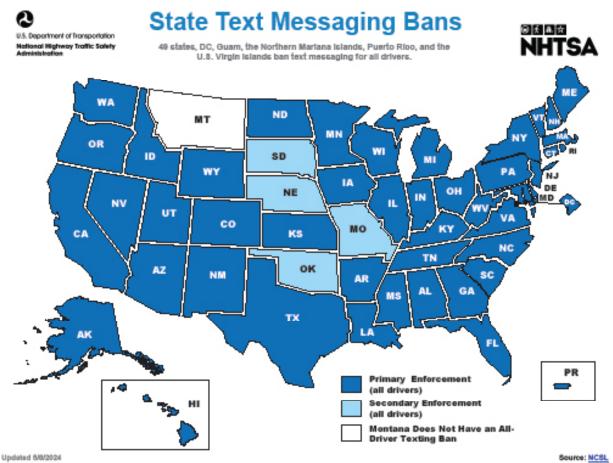






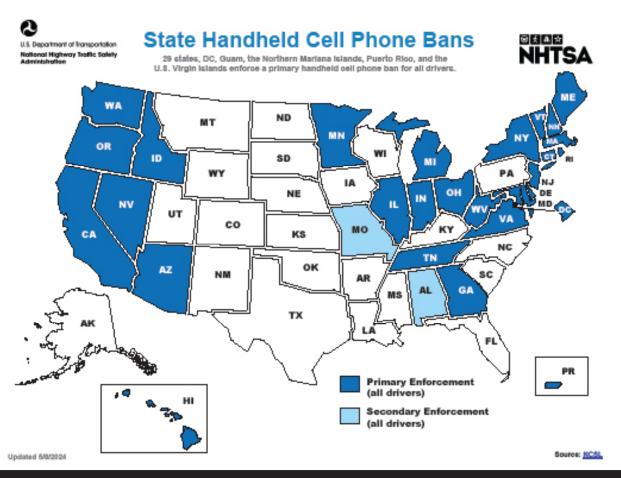
PACE Pathways for Academic Career & Employment

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER



FACTS!

- >3,275 people were killed in distracted driving crashes in 2023.
- >An estimated 324,819 people were injured in traffic crashes involving distracted drivers in 2023.
- >8% of fatal crashes, an estimated 13% of injury crashes, and an estimated 13% of all police-reported traffic crashes were reported as distractionaffected in 2023.
- >7% of drivers 15 to 20 years old involved in fatal crashes were reported as distracted. This age group has the largest proportion of drivers who were distracted at the time of the fatal crashes.
- >611 nonoccupants (pedestrians, pedalcyclists, and others) were killed in distraction-affected traffic crashes in 2023.



FITNESS CLASSES IN THE

BLACKHAWK REC CENTER

Participants must complete waiver before using the Blackhawk Rec Center. >>



POUND INSTRUCTOR: CANDACE SIMMONS

As a POUND Pro with over 6 years of experience, Candace is passionate about fostering a supportive space where everyone can build strength, break a sweat, and grow together. Raised in a military family, she lived around the world, which shaped her love for community. For 13 years, she and her husband have called this small town home, raising their three sons and embracing connections through fitness and positivity.



Please bring a yoga mat if you have one. Drop-in's welcome - cash only, see drop in rate by class information. Must arrive with time to check-in & prepare for class.

NEW Pound Fitness Class

ANY AGE, ANY STAGE. Pound is easily adjustable, making it acessible for everyone, no matter their age, fitness level, or experience. At Pound we believe in rhythm over reps, making it feel like a jam session while delivering a full-body workout. This hour of heart-pumping jam session blends cardio, strength moves and tons of energy. All set to your favorite music.

Classes held at the SCC WB Rec Center, 2nd floor by track

Classes held at the SCC WB Rec Center, 2nd floor by track

101171 \$35 Tuesdays, Jan 28 - Mar 4 4:45 - 5:45 PM

101171 \$35 Tuesdays, Jan 28 - Mar 4
 101757 \$35 Tuesdays, Mar 25 - Apr 29

Drop in rate to any 1 session is \$8 per class.



NEW Pound 30-MINUTE Rockout

POUND - 30 MINUTE ROCKOUT WORKOUT is an exhilarating full-body drumming workout that combines cardio, conditioning, and strength training with yoga and pilates - inspired movement. Using Ripstix, lightly weighted drumsticks engineered specifically for exercising, Pound transforms drumming into an incredibility effective way of working out body, mind and stress. Perfect for a quick sweat session during lunch or on the go!

Classes held at the SCC WB Rec Center, 2nd floor by track

 101169
 \$25
 Wednesdays, Jan 29 - Mar 5
 12:15 - 12:45 PM

 101739
 \$25
 Wednesdays, Mar 26 - Apr 30
 12:15 - 12:45 PM

Drop in rate to any 1 session is \$5 per class.

EMPLOYEE/STUDENT SPECIAL RATES:

4:45 - 5:45 PM

POUND: Any Age, Any Stage - \$25/person for six sessions
30 Minute Rockout - \$20/person for six sessions

YOGA: Relax & Restore - \$30/person for six sessions

>>>> Participant MUST call 319-208-5375 to register to get the discount rate. <<<<<

EVENING YOGA

IN ROOM

YOGA INSTRUCTOR: TARA MCALISTER

Tara has a bachelor's and master's degree in Kinesiology and holds several certifications, including yoga. Tara has been practicing yoga for 13 years and teaching for 8 years. Health and fitness is a passion for Tara and she loves to teach people how wonderful yoga can be for your mental and physical health.



DISCOUNTS for

SCC employees

& students

Evening Yoga: Relax and Restore

Please bring a yoga mat if you have one. Participants should be able to comfortably get up and down from the floor with ease. Drop-in's welcome - cash only, see drop in rate by class information. Must arrive with time to check-in & prepare for class.

Unwind and find balance in this 1-hour evening yoga class, perfect for all levels. Held weekly over 6 weeks, this class is open to everyone. Whether you're new to yoga or looking to deepen your practice, join us to relax, stretch, and rejuvenate in a supportive environment. A great way to de-stress after a long day!

Classes held in the SCC WB Little Theater, Room 333.

101167 \$40 Thursdays, Jan 30 - Mar 6 5:15 - 6:15 PM

Drop in rate to any 1 session is \$8 per class.

Evening Yoga: Strength and Flow

Take your practice to the next level with this 6-week vinyasa-style series that is designed to strengthen the body and balance the mind by linking the breath to movements that are sequenced in a challenging manner. Perfect for those who are ready to deepen their practice in a supportive, energizing environment.

Classes held in the SCC WB Little Theater, Room 333.

2 101168 \$40 Thursdays, Mar 27 - May 1 5:15 - 6:15 PM

Drop in rate to any 1 session is \$8 per class.



SOUTHEASTERN COMMUNITY COLLEGE

Saturdays, April 12 & 26 KT Pro – Auto Tech Clinic (Grades 8 – 11) SCC WB, 509 9 am – Noon

Saturday, April 12 Moped Safety SCC WB, 605 8 am – 2:30 pm

Saturday, April 26 Pulling and Backing - Boat SCC WB, 607 8 am – 2:30 pm

Tuesday & Thursday, May 6 & 7 Super Sitter SCC CBIZ, 111 5 – 8 pm

Wednesday, May 9 Spring Into Cookie Decorating SCC WB, 333 6:30 – 8 pm

Saturday, May 17 Welding Art SCC WB, 701 8 am – 2 pm

Call 319-208-5375 to Register!







Suicide & Crisis Lifeline

If you're sad, angry, confused or worrled about your health or the health of someone else, don't walt. Call or text 988 to connect with a trained crisis counselor. You matter!



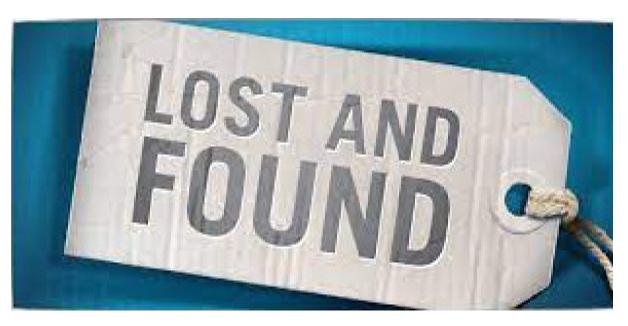








(319)208-5291



If you feel like you have lost something this semester, swing by the Welcome Center! Chances are it was turned in there! There is a table you can collect your items from. If you don't see it, ask the receptionist! *You may be asked to identify certain items for the sake of integrity and security.

Student Activities









WELCOME TO SPRING 2025

PRISM 360 is an SCC student

club that meets weekly.

All SCC students are welcome.

The club supports LGBTQ+

students and offers allyship

to help students thrive.

Contact faculty advisor Dr. Lori Muntz at

PRISM 360



BLACKHAWK RECREATION CENTER

Amenities include: Walking/running track; Two full size basketball courts; Cardio room

SIGN UP TODAY!

WINTER HOURS OF OPERATION:

MON – THU: 6 AM - 10 PM FRI: 6 AM - 8 PM

SAT & SUN: NOON - 7 PM

SCC Employees can bring a spouse or children, but must be with the staff member.

Children under 16 have to be with an adult.

SCC Concurrent enrolled students over 16 do not need to be supervised and can have access to the facility.



and complete the waiver form before using the center.

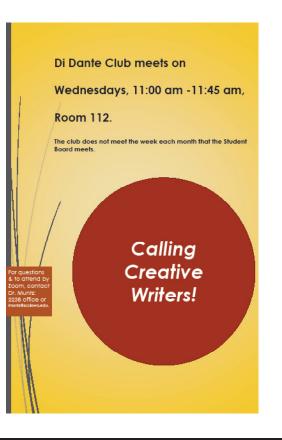
319-208-5021 MFLORES@SCCIOWA.EDU



FCA is a non-denominational Christian sports ministry to see the world impacted for Jesus Christ through the influence of coaches and athletes.

FCA focuses on serving local communities around the globe by engaging, equipping and empowering coaches and athletes to unite, inspire and change the world through the gospel.









BUSINESS CLUB



CONNECTING STUDENTS WITH LEADERSHIP AND BUSINESS CAREER SKILLS

WORKSHOPS | NETWORKING | TRAVEL
SERVICE ACTIVITIES | SOCIAL EVENTS
STATE AND NATIONAL COMPETITIONS







Welcome All! SCC EMPLOYEES & SCC STUDENTS ARE INVITED TO SHARE ORIGINAL Spoken Words Work! At the Night Cap Tuesday, April 29 7 to 9 PM 211 N 3rd St, Burlington Sponsored by Di Dante, the SCC Creative Writing club Black Tie Optional For info: lmuntz@scciowa.edu

A Beauty

Angelwolf Perez, Di Dante Secretary

A beauty you stare and steal a glare

These aren't yours

But you stare

Taking in what you may dare

Every freckle or beauty mark that lays there

He or she -- this is shared.

You stare in wonder --

What

is

it?

Maybe the way one's lips curl into a kind smile or the stranger's eyes sparkle, linger awhile Handsome and lovely This beauty is unearthly

It is beautiful to be kind Stare all you want

But know most of all you are beautiful

Even on the days you want to shout
The most kindness needs to be done
To yourself in and out

Eyes wonder, thoughts pass, whispers are spoken

Maybe the room feels small Worries may plague the air This may not always be fair

But every time someone will be there





 $$10^{00}$



Feeling nostalgic? Computer Club is selling T-shirts, designed by our students! The T-shirts sizes are small, medium, large and XL. They've got them hanging in the window of the 129 lab for your viewing pleasure. Get one for your inner geek!



The GSA (Gay Straight Alliance) will share this Safe Space poster the week of 12-11 to support allyship across campus. Pick one up from a GSA member or as posted on campus. Contact Dr. Lori Muntz at Imuntz@scciowa.edu for info.

Blackhawk Athletics



DID YOU KNOW?

SCC ATHLETICS HAS THE FOLLOWING SOCIAL MEDIA OUTLETS: FACEBOOK = WWW.FACEBOOK.COM/SCCBLACKHAWKATHLETICS TWITTER = @SCC_BLACKHAWKS INSTRAGRAM = SCCBLACKHAWKATHLETICS

#BLACKHAWKNATION

Blackhawk Men's Track and Field Schedule

Friday May 2	TBA	vs ICCAC Outdoor Track and Field Championships * @ Iowa Western Community College
Saturday May 3	TBA	vs ICCAC Outdoor Track and Field Championships * @ Iowa Western Community College
Sunday May 4	TBA	vs ICCAC Outdoor Track and Field Championships * @ Iowa Western Community College
Thursday May 15	TBA	vs NJCAA Outdoor Track and Field Championships % @ Hutchinson Community College
Friday May 16	TBA	vs NJCAA Outdoor Track and Field Championships % @ Hutchinson Community College
Saturday May 17	TBA	vs NJCAA Outdoor Track and Field Championships % @ Hutchinson Community College

Blackhawk Women's Track and Field Schedule

Friday May 2	TBA	vs ICCAC Outdoor Track and Field Championships * @ Iowa Western Community College
Saturday May 3	TBA	vs ICCAC Outdoor Track and Field Championships * @ Iowa Western Community College
Sunday May 4	TBA	vs ICCAC Outdoor Track and Field Championships * @ Iowa Western Community College
Thursday May 15	TBA	vs NJCAA Outdoor Track and Field Championships % @ Hutchinson Community College
Friday May 16	TBA	vs NJCAA Outdoor Track and Field Championships % @ Hutchinson Community College
Saturday May 17	TBA	vs NJCAA Outdoor Track and Field Championships % @ Hutchinson Community College



Blackhawk Athletics Facilities



West Burlington Track

The West Burlington Campus Track is a new addition in 2023 to the facilities on SCC's West Burlington Campus. SCC's Cross Country, Track, and other athletics teams will use the track for conditioning and training for athletic competitions.

The Turf

Located at 501 South Broadway, Burlington, Iowa adjacent to the Burlington Regional Rec Plex is "The Turf", a facility used for practice and competition for our baseball, soccer and softball programs.





Southeastern men's and women's soccer practices and competes at the Burlington Regional Rec Plex located at 501 South Broadway, Burlington, IA 52601.

The Rec Plex features tournament-class facilities for soccer, softball, sand volleyball and a guest services building including full service concessions and spectator plazas. League play is scheduled during the week and various tournaments and special events are offered on the weekends.

Since its opening in 1999, the Rec Plex has grown to become one of the Midwest's finest tournament-class sports facilities, with offerings in softball, baseball, volleyball, and soccer.





Blackhawk Rec Center

Blackhawk Rec Center is a new addition to the West Burlington campus in 2023. The Rec Center features 2 side courts, 1 full-sized court, a walking track, and weight training/cardio area. The Rec Center will be available to students and staff for open exercise as well as intramurals coming in Fall 2023. For events and more information on the Blackhawk Rec Center contact Melissa Flores:

mflores@scciowa.edu.



Loren Walker Arena

Originally the Agri-Sports Arena, it was renamed the Loren Walker Arena in March of 2000 to honor the memory of Loren "Mr. Blackhawk" Walker, a tireless volunteer who played a major role in the Blackhawk basketball program. Loren Walker Arena is home to practice and competitions for our volleyball and men's basketball programs.

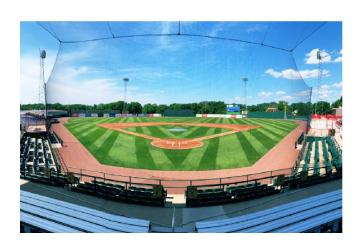


Wagner Athletic Complex

The Wagner Athletic Complex was named in dedication to Dick Wagner in September 2004. Wagner was a charter Alumni member, helped establish the Donn Brolin Memorial Scholarship and The Dick Wagner Athletic Scholarship, and was known for putting kids first in everything that he did, among many other accomplishments. The Wagner Athletic Complex is located on the West Burlington, IA campus where our SCC Baseball and Softball teams practice and play.

Burlington Bee's Stadium (Community Field)

Community Field is home to the collegiate summer baseball team the 'Burlington Bees.' The Burlington Bees compete in the Prospect League. Located in Burlington, IA the Bees have played at Community Field since 1947. The SCC Baseball team uses Community Field for practice as well as regular and post season games.







Athletic Training and Weight Room

Great River Health System is where our teams receive athletic training/medical services, and go for weight training. Great River is a proud sponsor of Southeastern, and is located right across the street from the West Burlington Campus.



Scan this QR code if you are a Dependent Student



Scan this QR code if you are a Independent Student





Do you need to meet with your TRIO SSS advisor? Just scan the QR code above!

SCC FOUNDATION SCHOLARSHIPS FREE MONEY FOR COLLEGE



Visit www.scciowa.edu

Choose Foundation tab from main menu.

Scroll down and click on Foundation Scholanships.

3 APPLY FOR SCHOLARSHIPS >

Complete your Free Application for Federal Student Aid (FAFSA) at www.fafsa.gov. SCC Foundation need based scholarships require FAFSA.

Apply once and the right scholarship will find you!

April 1: Priority Dentline for High School Seniors Applications submitted by April 1 will be automatically considered for the June 1 and September 1 Scholauthip appertunities.

lune 1: Application dendine for of Incoming & Returning Students. tember 1: Additional scholarship opportunities deadline. Missed the June 1 dendine? Apply by September 1.

foundation@acciows.edu | (319) 208-5066



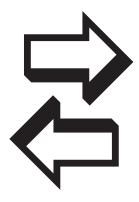








Any SCC Student
who wishes to
collect an SCC
Activity Pass may
receive one from
the Welcome
Center!



Are you planning to graduate at the end of Spring 2025? If the answer is yes, you must complete a Request to Graduate form. Where is this form you ask? Great question! Just click the "Graduation Overview" button on your self-serve screen! Any questions? Contact the Registrar's Office at 319-208-5012.



TB CLINIC MONDAY ALL DAY

8:30 A.M. TO 4 P.M.

SCC HEALTH PROFESSIONS BUILDING

\$15 Each 2 Step - \$30



Test results confidential
Contact Angela Shipley with questions.
819-208-5278







The Family Educational Rights and Privacy Act (FERPA) allows SCC to make certain information about students public, including name, address, phone number, schedule of classes, dates of attendance, awards and honors. Any student who objects to this public release must file a written objection with the Registrar. This written objection is only valid for one calendar year from the date of filling and must be renewed if desired.

Victim's & Survivor's **Resources Chart**

Here are some of the resources available to you (as a victim and survivor of gender based violence) and how they work together.

Members of the campus community, guests, and visitors have a right to be free from sexual offenses and to be protected by SCC policy regardless of sex, sexual orientation, gender identity, or gender expression.



Victim Services from Rape Victim Advocacy **Program and Domestic** Violence Intervention **Program**

One of their advocates can be with you during all of these other services to provide support.

Their services are free and confidential.





relationship violence and stalking. Victims and survivors of sexual assault, domestic violence, dating violence, and stalking have specific rights, options and resources regardless of the presence of a formal complaint. These rights include the option for a relocation/change of housing, transportation, academic assignment, and assistance in locating and accessing local

SCC Title IX Office

The Title IX Office oversee all reports of sexual violence

To make a report, please scan the QR code below



Law Enforcement

Law Enforcement officers can provide assistance with requesting protection orders and no contact



Mental Health Counseling

As a student of SCC you have free unlimited access to therapists & on-demand crisis counseling.



Their services are free and confidential.

Medical

Forensic Medical Examinations are available to provide the following medical care to anyone impacted by sexual harm for up to

- Physical care and treatment of injuries
- Collection of forensic evidence if you
- Treatment of Sexually Transmitted Infection(s)



Per Mar Security @ SCC

Can help you get in contact with staff from SCC Title IX Office and local Law Enforcement



No matter what you decide

All of these offices and agencies are here to help and support you. If you have any questions about a particular service, please reach out using one of the numbers or websites below:

Rape Victim Advocacy Program - 1-800-228-1625

Domestic Violence Intervention Program - 1-800-373-1043

Medical - 319-768-1000 for West Burlington or 319-524-7150

Law Enforcement - 319-754-8555 for West Burlington or 319-

SCC Title IX Office - 319-208-5101

Mental Health Counseling - app.uwill.com

Per Mar Security - 319-759-1727





Did you know?

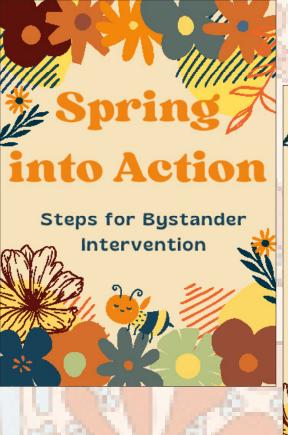
There is an America's SBDC Iowa located right here at SCC! What is the SBDC you ask? The America's Small Business Development Centers offers FREE counseling to people looking to start a business; to answer questions and offer guidance to help you start your business. Call 319-208-5381 or email iclover@ scciowa.edu to set up a FREE appointment. We LOVE student businesses!

Do you need to make an incident report? Do you not know who to contact? Click this link at the bottom of the SCC websites Home page and fill out the form! Easy and discrete! Your report and information will be directed to the appropriate parties and they will take it from there!

West Burlington Campus | Keokuk Campus | Center for Business (CBIZ)

Mount Pleasant Center

©2019 Southeastern Community College | Privacy and Legal Statements | Make a Report













20 Ways to Block Mobile Attacks

Don't let your guard down just because you're on a mobile device. Be just as careful as you would on a desktop!

⋑WiFi

- Don't allow your device to auto-join unfamiliar
- · Always turn off WiFi when you aren't using it or don't need it.
- Never send sensitive information over WiFi unless you're absolutely sure it's a secure

Apps.

- Only use apps available in your device's official store - NEVER download from a browser.
- · Be wary of apps from unknown developers or those with limited/bad reviews.
- Keep them updated to ensure they have the latest security.
- · If they're no longer supported by your store, just delete!
- · Don't grant administrator, or excessive privileges to apps unless you truly trust them.

Browser

- Watch out for ads, giveaways and contests that seem too good to be true. Often these lead to phishing sites that appear to be legit.
- · Pay close attention to URLs. These are harder to verify on mobile screens but it's worth the effort.
- · Never save your login information when you're using a web browser.



Bluetooth

- Disable automatic Bluetooth pairing.
- · Always turn it off when you don't need it.

Smishing (phishing via SMS)

- Don't trust messages that attempt to get you to reveal any personal information
- · Beware of similar tactics in platforms like What's App, Facebook Messenger Instagram, etc.
- · Treat messages the same way you would treat email, always think before you click!

Vishing (voice phishing)

- Do not respond to telephone or email requests for personal financial information. If you are concerned, call the financial institution directly, using the phone number that appears on the back of your credit card or on your monthly
- Never click on a link in an unsolicited commercial
- Speak only with live people when providing account information, and only when you initiate
- Install software that can tell you whether you are on a secure or fake website.

KnowBe4





EJEMPLOS DE TRABAJO AGRÍCOLA:

- · Granja lechera
- Clasificación de semillas
- · Cultivo de árboles
- Acuicultura
- · Empague de heno
- · Espiga de maíz
- · Manejo de maquinaria agrícola
- · Cosecha de frutas y/o vegetales
- · Deshierbe manual
- Granja avicola
- · Recolección de rocas
- · Crianza de ganado

- · Orientación vocacional
- · Ayuda para pagar la colegiatura
- · Capacitación laboral y educativa
- · Asistencia con herramientas/uniformes/equipo
- · Servicios de apoyo y asistencia de emergencia
- · Asistencia para obtener licencias y certificados
- · \$6 por cada hora asistida a clase
- · Ayuda para conseguir empleo

PARA APRENDER MÁS. CONTACTA:

Lynne Lange -Entrenadora de Carrera

WIOA@proteusinc.net

1 (800) 372-6031

ESCANEAR CON EL

proteus | SERVICES TO |





You may not know where I am, but students do.

I sit quietly across from the Welcome Center and I provide free food to students in need. Whether it's for a box of macn-cheese, a full meal, or just a quick granola bar between classes, I get LOTS of visitors every week. If you've got anything you'd like to leave, I'll gladly accept it. Bring your items or cash (she will be glad to go shopping) to the Welcome Center so we can keep it filled for those who need it.

Thanks for your help.

Know Your Rights to Privacy



The Family Educational Rights and Privacy Act allows SCC to make certain information about students public, including name, addresses, phone numbers, schedule of classes, dates of attendance, awards, and honors. Any students who object to this public release must file a written objection with the Registrar. This written objection is only valid for one calendar year from date of filing and must be renewed if desired.

Struggling with Science courses, and not sure where to go?

Reach out to Ralph Kaufman! Ralph specializes in all biological sciences, with a specialization in Anatomy, Physiology, and Microbiology!! He has a flexible schedule and can be found in the Academic Achievment Center OR reached at: rkaufman@scciowa.edu. Need help? Make an appointment today!



Available by appointment only! All students are welcome to seek assistance: Face to face students, part time students, and students enrolled in online courses only! Ralph serves both: the West Burlington and Keokuk Campus!



- Sign in to Hawknet
- Click on Self Service icon
- Click on Student Finance
- Click on Make a Payment
- Click box under the Select column for the term you wish to pay
- Scroll up and choose a payment method from the drop down menu
- Click Proceed to Payment
- Review payment amount and click Pay Now

You will now be directed to the Official Payments secure website.

Enter payment information as directed.





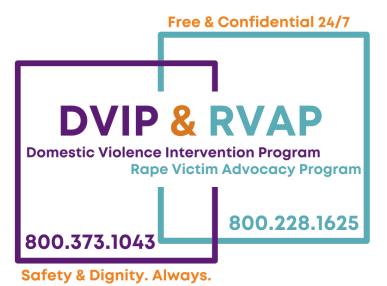


ARE YOU READY

to purchase books?

YOU WILL NEED THE FOLLOWING FOR US TO BEST SERVE YOU.

- Student Class Schedule
- Student ID Number



HelpDesk!

Phone: (319) 208-5087

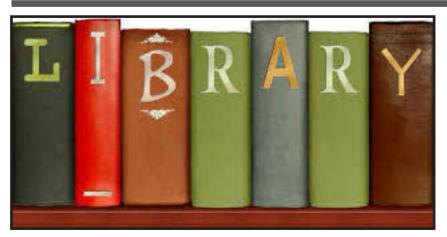
Email: helpdesk@scciowa.edu

Checking Faculty Absences

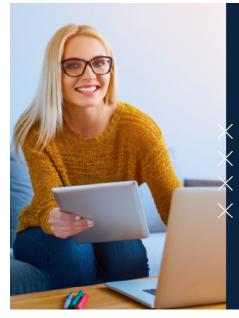
Phone: (319) 208-5222 Online: www.scciowa.edu click Current Students

Then click faculty absences

Can be found on the main page of HawkNet



Good news everybody! Yohe Library will have evening hours! Library hours are: Monday – Thursday, 8:00 am – 7:00 pm; and Friday 8:00 am - 4:30 pm!





EARN YOUR BACHELOR'S DEGREE AT BVU!



- Affordable Programs
- Flexible Learning
- Seamless Transfer
- Support Near You

Visit our office next to TRIO on the West Burlington campus or contact us at online@bvu.edu or 712.749.1000

SCC's Strategic Plan

SCC's Strategic Plan is the foundation for all facilities, budget, and instructional planning underway at the college. The plan identifies four major goals.

Strategic Goal 1: Promote Student Success

Strategic Goal 2: Strengthen Human, Financial, and Facility Resources

Strategic Goal 3: Enhance Collaborative Partnerships

Strategic Goal 4: Practice Continuous Improvement

For each goal, the college has identified specific strategies and initiatives that it will work towards achieving through 2028. For example, under Strategic Goal 1: Promote Student Success, the college aims to "enhance/encourage student engagement and personal development" by promoting "student communication."

SCC's complete Strategic Plan 2023-2028 is available on SCC's website:

https://scciowa.sharepoint.com/sites/hawknet/employees/Shared%20Documents/Forms/AllItems.aspx?id=%2Fsites%2Fhawknet%2Femployees%2FShared%20Documents%2FFront%20Page%20Hawknet%2FStrategic%20Plan%202023%2D2028%2Epdf&parent=%2Fsites%2Fhawknet%2Femployees%2FShared%20Documents%2FFront%20Page%20Hawknet

Poetry Corner

The Emperor of Ice-Cream

I wander on the sunny lea,
Where yellow-birds sing liberty,
And briar-roses bless the air
With gracefulness and fragrance rare;
The sky is very blue to see,
A living blue so near to thee,
And clouds caress the meadow fair,
Trailing rapid shadows there.
O come and wander on the lea!
O wander in the sun with me!

Ay, thou art with me, gypsy lass,
Noiseless as the airs that pass;
Slender as the shadow things
The rose-vine on the meadow flings,
Graceful as the way grass;
And tender too, as tender as
The trembling of the she-bird's wings,
Whose golden little lover sings.
A happy song my wand'ring has,
For thou art with me, gypsy lass!

by Max Eastman from: *poets.org*

BOARD POLICY TYPE: PHILOSOPHY & GOALS

POLICY TITLE: Nondiscrimination Statement

It is the policy of the Southeastern Community College not to discriminate on the basis of race, color, national origin, sex, disability, age, employment, sexual orientation, gender identity, creed, religion, and actual or potential family, parental, or marital status in its program, activities, or employment practices.

If you have questions or complaints related to compliance with this policy, please contact the Director of Human Resources (employment concerns) at (319) 208-5049, 1500 West Agency Road, West Burlington, Iowa 52655, equity@scciowa.edu or the Director of the Office for Civil Rights U.S. Department of Education, John C. Kluczynski Federal Building, 230 S. Dearborn Street, 37th Floor, Chicago, IL 60604-7204, Telephone: (312) 730-1560 Facsimile: (312) 730-1576, TDD (800) 877-8339 Email: OCR.Chicago@ed.gov.

Nondiscrimination statement is pursuant to requirement by Iowa Code §§ 216.6 and 216.9, Titles VI and VII of the Civil Rights Act of 1964 (42 U.S.C. §§ 2000d and 2000e), the Equal Pay Act of 1973 (29 U.S.C. § 206, et seq.), Title IX (Educational Amendments, 20 U.S.C. §§ 1681 – 1688), Section 504 (Rehabilitation Act of 1973, 29 U.S.C. § 794), and Title II of the Americans with Disabilities Act (42 U.S.C. § 12101, et seq.).

In accordance with Section 504 of the Rehabilitation Act of 1973, as well as with Title II of the American with Disabilities Act, Southeastern Community College has made, and will continue to make, efforts to ensure content on all of its websites is accessible to everyone, including persons with disabilities and other users of assistive technology.

The College is working to update its website content in compliance with modern accessibility standards. If you have trouble accessing any part of the site, please contact Jeff Ebbing at jebbing@scciowa.edu with the following information:

- 1. The URL (web address) of the page
- The problem you are experiencing
- 3. Your name, email address, and phone number.

The College will use its best efforts to remedy the issue and/or provide the information you are seeking in an alternative format until the issue can be remedied. Grievances related to Section 504, Title II, or other formal complaints regarding website accessibility can be filed with the District using the applicable procedures outlined in Administrative Guideline 1117.

Platforms of outside entities, such as Google, YouTube, etc., which may be integrated with the College website are services provided by those respective companies, and the College is not responsible for their adherence to accessibility standard